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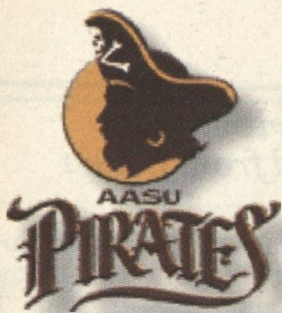
9-22-2005

The Inkwell

Armstrong Atlantic State University

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Inkwell

The Award-Winning Voice of Armstrong Atlantic State University

Week of September 22, 2005



AASU Celebrates Constitution Day

Courtesy Katherine Arntzen



SGA President Phillip Pope speaks about Constitution Day.

Kasey Ray
Staff Writer

Over 100 students and faculty gathered in University Hall on Fri., Sept. 16 to celebrate Constitution Day. The Constitution Day festivities were sponsored by the Department of Criminal Justice, Social and Political Science in conjunction with the Student Government Association at Armstrong Atlantic State University.

The program started with Dr. Edward Thompson, Vice President of Student Affairs, giving the opening comments and Philip Pope, Student Government Association (SGA) president, introducing the speakers.

Dr. John Kearnes and Senior Political Science major Mindi Mebane lectured for over an hour on "George Mason and James Madison Debate the Adoption of the Constitution: An Antifederalist Perspective." Dr. Kearnes debated on the side of George Mason, while Ms. Mebane took the opposing view, speaking on James

Madison's perspective.

The Department Head of Criminal Justice, Social and Political Science, Dr. Zaphon Wilson concluded the lecture with a few words, and Pete Liakakis, chairman of the Chatham County Board of Commissioners led the crowd in the Preamble of the Constitution of the United States of America.

Concerning the importance of Constitution Day at AASU, Pope said, "It is important for everybody to honor the Constitution...so we can stay abreast with history." Pope also stated that Armstrong Atlantic was not the only university in Georgia to celebrate Constitution Day.

In fact, all institutions of higher education were ordered to present an educational program on September 16. Nina Shokraii Rees, the Assistant Deputy Secretary for Innovation and Im-

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Students from the Gulf Granted Fast-track Admission

Jessica Martinez
Staff Writer

On Sept. 1, 2005, Armstrong Atlantic State University President Thomas Z. Jones announced that AASU would grant admission to students who attended regional colleges in Louisiana and Mississippi that were affected by Hurricane Katrina.

According to University Relations, AASU "will take immediate action to enroll students who attend these institutions." Students from the Savannah area who were enrolled at these colleges and universities can enter AASU as transfer students; the university has created a special fast-track admissions process specifically designed to meet the needs of these students whose studies were inter-

rupted by the cataclysmic devastation of Hurricane Katrina. AASU has also offered admission to out-of-area students.

A category-4 hurricane with winds up to 175 mph, Hurricane Katrina made landfall near New Orleans, Louis. on Mon., Aug. 29, 2005. Many colleges and universities in the Gulf area were severely damaged by the hurricane — both Tulane University and Loyola University in New Orleans were forced to close for the fall semester.

AASU has opened on-campus housing to students from the Gulf. According to Director of Student Activities Al Harris, the University's housing complex can presently accommodate up to 24 students should the need arise. Faculty, staff

and members of the community have also offered their homes to out-of-area students affected by the hurricane.

Kim West, Associate Dean of Enrollment Services, is currently working with 13 students from the Gulf area. Five students have already enrolled and will attend classes beginning in October. These five students come to Savannah from public and private colleges and universities in the New Orleans area—Loyola University, Xavier University and Dillard University to name a few. All five students will reside with their families or friends and will not need on-campus housing.

See Fast-track...
Continued on page 2

Blood Drive Huge Success

Jessica Rice
Staff Writer

An estimated 90 students and faculty donated blood to the Red Cross on Wed., Sept. 14, 2005.

Outside the cafeteria on the MCC lawn, volunteers from SGA, Delta Sigma Theta, Sigma Sigma Sigma and CUB worked to sign up donors. The blood drive was 10:30 a.m.-4:30 p.m. This event was one of four blood drives the Red Cross will have at Armstrong this year.

According to the American Association of Blood Banks (AABB), an estimated 8 million people donate blood every year. The American Red Cross supplies over 3 million hospitals in the United States with blood. After a person donates blood, it is then broken down into several components that

are then transfused into whomever needs it. Patients that suffer from cancer, leukemia, sickle cell anemia and trauma use donated blood. In 2001, the AABB reported that 15 million units of whole blood were collected. It is estimated only five percent of healthy Americans that can donate blood do.

To donate blood, a person must be at least 17 years old, weigh at least 110 pounds, not be taking any prescription medication and have not obtained any transfusion, tattoos or piercing in the last 12 months. Before a person donates blood, a volunteer must take the temperature, blood pressure and a brief medical history.



Ashley Rollins braces herself before giving blood.

Volunteers described the blood drive as a success, crediting the larger than normal turnout to Hurricane Katrina. In the days

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New Fraternity at AASU

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AASU Masquers Present Sam Shepard's "Fool for Love"

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A&E 7-9

Armstrong Atlantic State University Calendar of Events

September

- 22 6p.m.-8p.m.: Adults Back to College ABC Informative
Bryan County Library, Richmond Hill, GA
- 23 1p.m.-3p.m.: Graduate Assistant Orientation
Ashmore Hall Auditorium RM 119
- 7p.m.-9p.m.: AASU Volleyball vs. Francis
Aquatics and Recreation Center
- 24 1p.m.-3p.m.: AASU Soccer vs. UNC Pembroke
AASU Soccer Field
- 4p.m.-6p.m.: AASU Volleyball vs. UNC Pembroke
Aquatics and Recreation Center
- 25 7:30p.m.-9p.m.: Southeastern Choral Arts Festival Concert
Fine Arts Auditorium
- 26 12p.m.-1:25p.m.: Adobe Photoshop Workshop
University Hall 112
- 7:30p.m.-9p.m.: Southeastern Choral Arts Festival
Fine Arts Auditorium
- 27 4p.m.-6p.m.: AASU Soccer at Belmont Abbey
Belmont, N.C.

Fast-track...

Continued from page 1

ing accommodations. The remaining eight students from the Louis./Miss. area have yet to confirm their acceptance of admission or have yet to enroll. West explained these students have been through a great deal in the past few weeks and have had to make difficult decisions. He stressed that AASU will do everything to accommodate these students should they choose to enroll at Armstrong. The University System of Georgia has also waived out-of-state tuition for these students.

Constitution...

Continued from page 1

provement, sent out a notice titled, "Notice of Implementation of Constitution Day and Citizenship Day on September 17 of Each Year."

In this notice, sent out on May 19, 2005, she indicates that earlier this year Congress passed a piece of legislation that said, "Educational institutions receiving Federal funding are required to hold an educational program pertaining to the United States Constitution on September 17 of each year. This notice implements this provision as it applies to educational institutions receiving Federal funding from the Department."

Since Constitution Day falls on a Saturday this year, there was a provision made in the legislation, stating, "Section 111 requires that Constitution Day be held on September 17 of each year, commemorating the September 17, 1787 signing of the Constitution. However, when September 17 falls on a Saturday, Sunday, or holiday, Constitution Day shall be held during the preceding or following week."

at a discounted price." Purchasing will be done through Cove.

Student support services will become available to all Armstrong students. The services offered will include virus removal, operating system reinstallation, network configuration and data recovery. The services will not be free, but they will be offered at discounted prices to students.

Another service that will be new to Armstrong is a game server. SGA will pick the games that the server will host. This service will be supported with the Student Technology Fee.

McGuthry acknowledged the problem with computers in Compass Point: the difference in the way that the equipment works between Compass Point and the rest of the campus. He assured students that CIS is working to fix the problems.

McGuthry assured SGA, "I have only been here since January. Things will become much more structured. I am going to make sure that we take advantage of the most

Blood Drive...

Continued from page 1

after a natural disaster, blood donation usually rises. Armstrong student Leskeina Knowles said, "I know they really need it with Hurricane Katrina, a lot of people are in need."

Armstrong student Sonia Tapia had simple advice for those that are to frightened to donate: "Just don't look if you're scared."

After donating blood, a person is required to wait approximately eight weeks before donating again. The next Red Cross Blood Drive

Congress implemented this legislature to emphasize our Constitution and also to recognize Citizenship Day, which is the other part of this holiday. According to the Citizenship Day website, <http://www.patriotism.org/citizenship/>, "The purpose of this holiday is to honor both, native-born and naturalized foreign-born citizens. In 1939, Randolph Hearst gave the day national prominence through his chain of daily newspapers when a movement to recognize new citizens begun."

The holiday started off in 1940, when Congress designated the third Sunday in May as I am an American Day, but President Harry Truman signed a bill in 1952 switching the date from the original May date to September 17, the day the Constitution was signed. Patriotism.org states that "the intent of the bill was to give recognition to those who had become American Citizens during the preceding year," and "celebrate our Supreme Law of the Land as the oldest working Constitution in the world."

appropriate technology for students, faculty and staff."

During the SGA meeting, senators made some decisions concerning Hurricane Katrina relief. Senators passed a motion to spend \$1700 on the purchase of bracelets that will contain the logo "AASU - Give for the Gulf." These bracelets will serve as part of a year long relief effort.

"AASU - Give for the Gulf" is the title SGA has given to the year long effort by Armstrong students to raise money for victims of Hurricane Katrina. The kick off for the event will take place on Sept. 21, from 11 a.m.-2 p.m. at Shearouse and the Quad. The Campus Union Board will have a cookout on that day. For a suggested donation of five dollars, donors will receive lunch and a bracelet.

During the meeting, SGA approved the usage of \$140 to purchase name tags for Senators and the Executive board. The name tags will help identify SGA members to other students and university employees.

Technology Hot Topic at SGA Meeting

Sally Six
Staff Writer

When will students have more access to free laser printing?

Mr. John McGuthry, the director of Computer and Information Services, answered this question in the Student Government Association meeting on Mon., Sept. 12, 2005. Mr. McGuthry began working at Armstrong in January 2005. Since then, he has discovered many changes that he will implement.

Currently, The AASU Writing Center, located in Gamble 109, offers free laser printing up to 50 pages. Beginning in January, students will have the privilege to print using the laser printers for free in all of the campus computer labs. However, there will be a limit to the number of pages that students can print per semester. The limit will prevent students from taking advantage of printing privileges. McGuthry said, "The Student Government association will be involved in helping decide the number of pages available for free printing."

A wireless network will also begin in January for some campus buildings. CIS plans for all academic buildings to have wireless network access within the next three years. Funding for wireless network capabilities and the new printing cost will come partly from Student Technology Fees.

McGuthry also addressed the need to make more computers accessible

to all Armstrong students. Currently there are about 800 lab and classroom computers on campus and approximately 250 are open to all students. Changes are in the process to make 90 percent of the computers that benefit from student technology fees available for all students to use.

New to Fall semester 2005, the computer lab located in MCC Annex was relocated to Solms 104. The change ensures that all computer labs will be located in an academic building. Some future changes are that the University Hall computer lab will have a more convenient 24 hour access. In the future, students will no longer have to contact University Police to access that lab. Also, in order to maintain technological efficiency, computers will be replaced every four years.

McGuthry stated his concerns about the widespread use of Social Security numbers. By next summer, Social Security numbers will not longer serve as student identification numbers. The only need for Social Security numbers will be for services such as financial, admissions, human resources and other services where this number is critical for reporting purposes.

CIS is currently working on services new to Armstrong. Purchasing of Hewlett Packard and Apple products will become available to students and university employees in the near future. McGuthry said, "It is our plan to offer these products

Assistance Offered to Undecided Students

Mary Culp
Staff Writer

First year student Esha Ramey sat eagerly awaiting sound advice on choosing a career direction, as she has not yet declared a major. Ramey said, "I took advanced English classes in high school, and did very well," but she has considered other fields she feels she will enjoy more such as the health sciences and social services.

Barbara Solomon Myers, Director of Career Services, offers practical advice for students unsure of the direction to take their academic careers. The presentation entitled "The Strongest Link: Choosing a Degree/Major" was held on Sept. 14 in the Office of Career Services located on the second level of the Compass Point Annex Building in AA-2. Myers assists students in choosing a major with the help of results from several tests designed to assess a student's values, person-

ality, interests and skills. She then points students to careers in which individuals with similar skills and personalities have found success and satisfaction in. "I really enjoy helping people, so being in student services suits me," Myers said.

Ramey spoke of her diligent search for a career aimed toward both her personal and financial goals. "I look forward to reading through the handouts and going to the recommended web sites," she said. Though uncertainty toward deciding on a major is common among students of all levels, AASU's career services no doubt lessened Ramey's anxiety through concrete advice.

The benefits of career counseling include narrowing a student's focus to careers most compatible with his or her strengths. Students are encouraged to schedule appointments for testing and counseling with the Office of Career Services, (912) 927-5271.

New Fraternity at AASU

Karen Pierce
Staff Writer

A chapter of the Pi Kappa Alpha fraternity will soon be added to the Greek Life at AASU.

Pi Kappa Alpha fraternity is a Greek letter and social fraternity. JR Parson and Ben Boden have worked closely with Robin Jones, Assistant Director of Student Activities, to organize this chapter, which will visit Armstrong Sept. 10 - Oct. 8. However, the fraternity recruits its members on a recommendation basis. Recommendations come from alumni, university administrators, faculty, coaches and student organizations. The recommended men then meet with Pi Kappa Alpha consultants. This respected international fraternity is dedicated to promoting integrity, intellect, and high moral character in men.

Commonly referred to as PIKE, Pi Kappa Alpha, was founded in 1868 at the University of Virginia. Since 1868, the fraternity has

grown to 209 chapters and colonies throughout the United States and Canada with over 215,000 members. Also, Pi Kappa Alpha claims the largest average chapter size and the most pledgings and initiations per chapter for any international fraternity over the past decade.

Currently, in fields of business, public service, education and entertainment, alumni of Pi Kappa Alpha include Tim McGraw, Jon Stewart and numerous senators, representatives and judges.

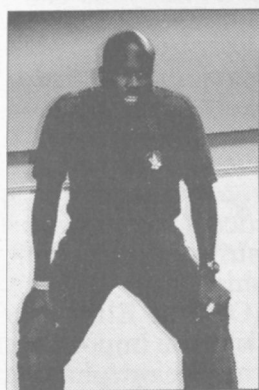
"Pi Kappa Alpha is seeking outstanding men with diverse backgrounds at Armstrong Atlantic State University to develop our Fraternity's newest colony," Parsons said.

Anyone interested in further information about this opportunity may contact them by e-mail at jparsons@pikes.org or bboden@pikes.org or by phone at (901) 333-2783.

Jonathan Sprinkles-Like a Real Leader

Tara Gergacs
Editor-in-Chief

Learning to be a real student leader was the motto for students attending Jonathan Sprinkles' leadership program on Tues. Sept. 13, 2005 in University Hall.



courtesy Tara Gergacs

Sprinkles entered the room with enormous and positive energy. He stood on top of the tables and explained student leadership with passion.

Sprinkles, originally from Los Angeles Calif. and now resides in Houston Tex., has learned student leadership from his own experience.

"Student leadership is my passion. In my opinion, when I was in college a few years ago, I was one of the best student leaders in the country because of my ability to ignite people through a compelling vision and to create lasting change. I was also, in my opinion, one of the worst student leaders in the country because I was very insecure and had selfishly used my authority to garner more spotlight for myself," said Sprinkles.

One of the hardest parts about being a student leader is finding the time and energy. Students in these positions may have trouble finding where they belong. Sprinkles explained that

everyone experiences highs and lows in student leadership.

"What I hear most from students is that they are glad that someone will finally 'keep it real' with them about what it takes to become a top student and student leader. I experienced the highest heights as well as the lowest lows during my four years in school. People enjoy the fact that I give simple, specific, step-by-step advice--that works! And I try to keep people laughing in the process," said Sprinkles.

Sprinkles encouraged students to make a list of goals to follow every day. He taught students how to live like a real leader with a simple acronym: L.I.V.E. L is for leadership, I is for integrity, V is for vision and E is for excellence.

Students in leadership programs found Sprinkles' advice to be helpful and were ready to make changes in their lives.

"I want to reaffirm my values and renew my vision of having SGA and CUB grow from mediocre to magnetizing," said Phillip Pope, SGA President.

Having a leadership speaker at Armstrong Atlantic State University helped students become aware of the work and success that can come out of student leadership.

"With growing leadership opportunities on campus, I, along with the CUB, more than knew our students could benefit from Jonathan's lecture," said Amanda Robinson, Event Coordinator.

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The Office of Career Services provides students and alumni with assistance in career development and the job search process. Our services and programs are an integral part of the educational process, from the first day on campus to beyond the graduation stage! Whether you need help with choosing a major, finding part-time or full-time employment, or information on topics such as resume writing and interview skills, we are the place for you!

Our office is located in the Student Affairs Annex at Compass Point on the second floor. The resource library will be open Monday through Friday, 8:15 AM until 5:00 PM.

For more information contact:

Office of Career Services

Armstrong Atlantic State University
11935 Abercorn Street
Savannah, Georgia 31419-1997

Career Services

Phone: 912-927-5372 Fax: 912-921-2335
Email: careers@mail.armstrong.edu

"You have a unique personality, but do you know what it is? We can help."

SURE SUCCESS: Landing a job

Leslie Moses
Staff Writer

Among the many reasons students have for being in school, the basic goal is to land a good job quickly.

But how is this done? Two weeks ago, Blake Ellis, former Armstrong student and current CEO, stepped back in the classroom for a quick but in depth Q&A session with students.

Networking allows job candidates to begin to play on the same field as the employer if done well. Ellis said, "It's not what you know but who you know." Networking connects jobs and workers. It involves students printing out busi-

ness cards with their name and title—"student" will do—and attending events.

While networking can happen almost anywhere, Ellis pointed to informal gatherings occasionally sponsored by professional societies such as the Coastal Beta Exchange here in Savannah. Groups who promote economic development in certain sectors, such as the Creative Coast, also sponsor networking events.

At events, candidates should circulate, exchange business cards and show interest in attendees' businesses by asking questions about that business. Any mention of "I'm looking for a job" should be done as a

soft sell and not in-your-face. Usually, the contact will assume that you are in the job market by virtue of your presence at such an event.

After successfully networking, students will sit across from a prospective employer for an interview. Beyond networking knowledge, Ellis is an employer who hires and fires and knows how a good interview goes. He sets the bar high. "A good candidate will first and foremost have the golden quality of initiative and will be genuinely interested in the company," Ellis said.

Initiative is the energy behind networking and the

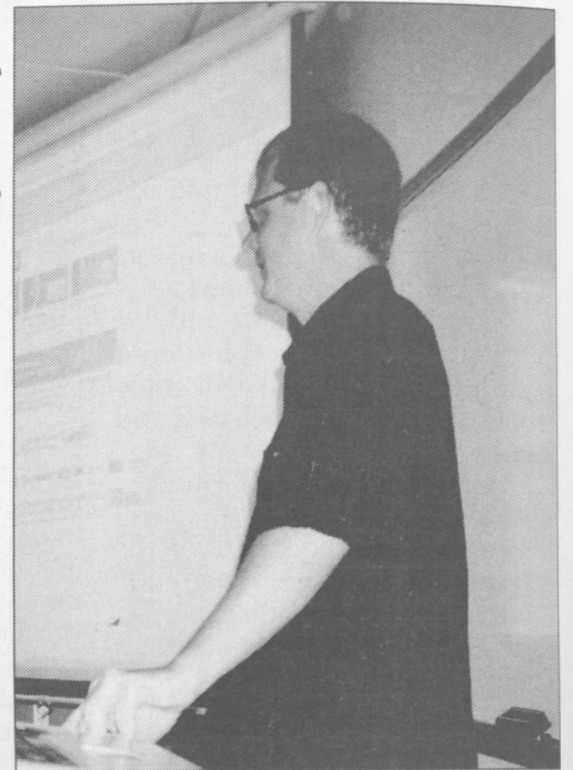
purposeful entrance in an interview. Prior to the interview, candidates with initiative will go beyond merely responding in writing to a job ad with a cover letter and resume; they will follow up with phone calls and other written contacts.

During the interview, job candidates should speak up and tell the interviewer what they know, how well they know it and what they can do for the company, which ties their experiences in with company goals. Instead of sitting silently across from the interviewer as they review the resume, Ellis suggests pointing out certain areas or skills that would directly benefit the company. Comments from the candidate like, "I thought this certain area would appeal to you" are appropriate.

In a good interview, Ellis says that there are actually two interviews going on beyond the literal interview, the prospective employee is trying to see if he or she indeed wants to work for the company. The candidate should be genuinely interested in the place and people they will invest his or her life in.

It's a good idea to research the company prior to the interview. Research prompts thoughtful questions of interest. Ellis stressed the importance of the interviewee asking questions about work schedules, future plans and work atmosphere. The candidate should be ready with specific questions instead of the standard query, "What are pay and benefits?"

Also, questions about the company and its products are beneficial because the interviewer wants to talk his or her company. Potential employers are more likely to hire someone who is personable and shows strong



courtesy David Taylor

Blake Ellis tells students about landing the perfect

interest in the products and processes of a company, versus an equally qualified or perhaps even lesser-qualified candidate. Ellis said, "Skills can be taught. I want someone who is willing to be a good team player."

The goal is for the candidate to come across as a real person who is capable of making a tangible and valuable contribution to the company.

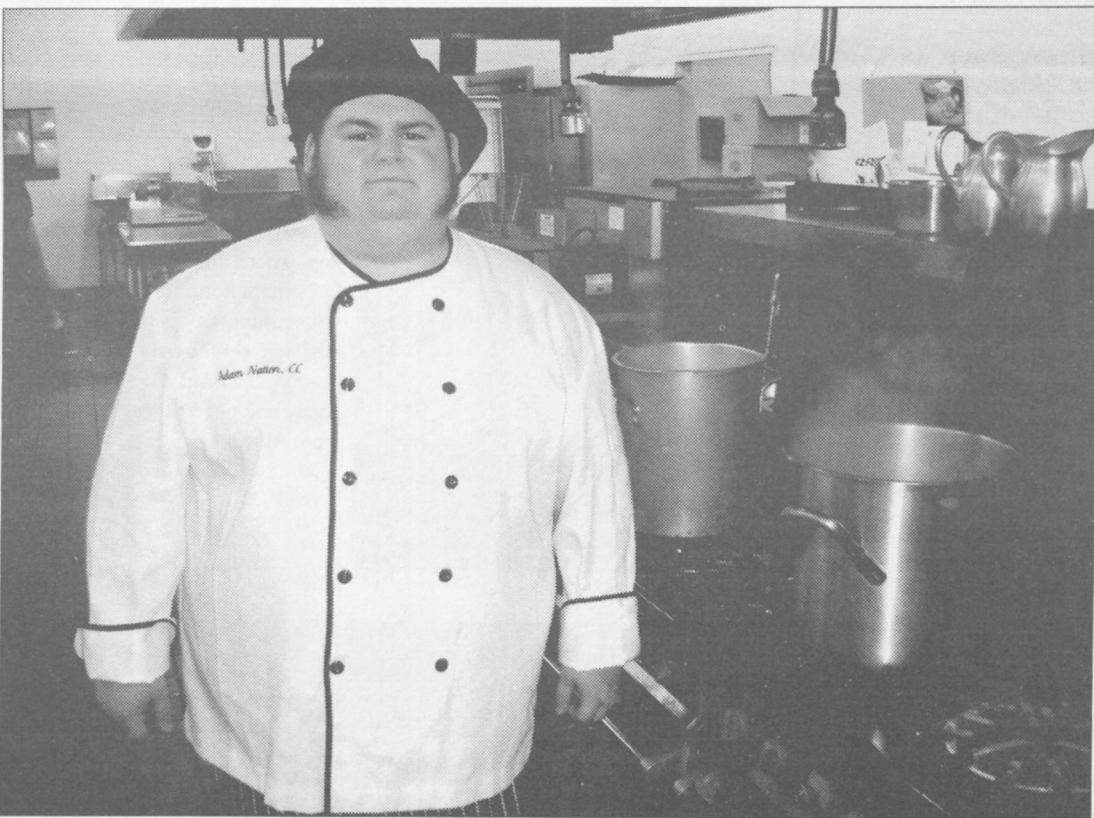
Candidates with the above qualities will most likely have adequate experience. Chances are they have learned early on the three key words that bring success in this area: Internships, Internships, Internships.

One of Ellis' key points was the importance of job applicants having non-school related projects and experiences on their resumes. Whether it was a programming project, newspaper article or web design, many prospective employers do not consider school-related work as adequate evidence of skill.

However, work performed during an internship (paid or unpaid) does serve as evidence of real world experience for most prospective employers and rounds of a candidate with real-world value.

For networking opportunities online Ellis recommends www.linkedin.co and www.friendster.com.

Cooking Up Something New at AASU



courtesy Chris Nowicki

AASU's new chef Adam Nation.

Chris Nowicki
News Editor

Adam Nation is no stranger to the kitchen and is Armstrong Atlantic's newest addition to the kitchen staff as a chef.

Nation has plenty of experience being a chef. "I've been cooking my way through school", Nation said.

Nation received an associates degree in History from Dalton State, another associated degree in Culinary Arts from the Art Institute of Atlanta, a bachelors in

Government and Pre Law from Barry College and is now enrolled in Graduate School at Armstrong, studying history. Nation is also certified by the American Culinary Association.

Nation has cooked for famous chef Monique Porche-Smith, a personal chef in Atlanta who is seen on Food Network. He has also had the opportunity to cook for celebrities.

"With mandatory meal plans, my business has tripled this semester increasing demand, and we were

in need of a night chef," Jim Thompson, director of University Dining Services said.

As the university grows, so has the demand for catering different events around campus. "I hope to upscale my catering services and continue to expand them," Thompson said.

Nation hopes to raise the bar for the cafeteria food and services. He hopes students will want to eat in AASU's cafeteria, instead of having a negative opinion towards the school's food.

Pirates Win Two On Final Day Of Classic

Chad Jackson

Special to The Inkwell

It was only fitting that the final game of the 2005 AASU/Chatham Orthopaedic Volleyball Classic would feature a five-game match, in a two-day tournament filled with them, as host Armstrong Atlantic knocked off Puerto Rico-Rio Piedras, 3-2, to end Saturday's action in the Classic. Traci Knuth's triple-double of 19 kills, 14 digs and 12 blocks helped

AASU even its record in the Classic at 2-2. Knuth's triple-double is only the second in the Alan Segal era at AASU and is the first since Candice Modlinski. The Pirates also knocked off Lenoir-Rhyne, 3-0, in earlier Saturday action as Knuth had 11 kills, hitting .381 and also collecting eight blocks. AASU returns to action on Tues., Sept. 13, as the Pirates visit Valdosta State at 7:00 p.m.

AASU 4th After First Round Of Kiawah Island Invitational

Chad Jackson

Special to The Inkwell

Senior All-America Tripp Coggins' even-par 72 led the Armstrong Atlantic men's golf team to a first-round 300 and a fourth-place standing in the Kiawah Island Intercollegiate in blustery conditions on Mon. afternoon. In the shadow of Hurricane Ophelia, the new-look Pirates trail host USC-Aiken by eight shots after the two-time DII National Champions fired a first-round 292. Pfeiffer and Coker each shot nine-over-par 297 and are three shots ahead of the Pirates, who return only Coggins from last year's starting five that finished in

second place in the 2005 NCAA Division II National Championship to the Pacers. Coggins' 72 is tied for fifth individually in the 85-player field, while three freshman carded solid rounds in their AASU debuts. Savannah native Wills Smith carded a three-over-par 75, as did Warner Robins native Chris Wolfe. Each are tied for 19th in the individual standings. Texas native Andrew Workman shot a five-over-par 78 and is in 40th place, while junior Matt Morris shot an 87 to round out the AASU scoring. Play concludes on Tuesday afternoon with a single round of 18 at the 6,887 yard, par 72 Cougar Point Golf Course.

College Volleyball: AASU 3, West Georgia 0

Chad Jackson

Special to The Inkwell

Junior Traci Knuth's 17 kills led a trio of Armstrong Atlantic State volleyball players in double figures as the Pirates knocked off West Georgia, 3-0, in the final game of the 2005 AASU Volleyball Clash. Game scores were 30-26, 30-20, 30-28. Knuth hit .517 for the game and added 13 digs for the Pirates (9-7), while sophomore Rindy Vidovich added 12 kills and junior Christina Flores tallied 11. Adriana Miller led all players defensively with 15 digs, while West

Georgia (10-6) got 11 kills and 11 digs from Stephanie Singleton and 10 kills and 11 digs from Carolin Schoeneck. The Braves' Stephanie Johnson led all players with 29 assists. The Braves finished the Clash with a 1-2 record, while AASU split its two matches for a 1-1 mark. In the day's earlier action, No. 7-ranked Tampa defeated Francis Marion in three games, 31-29, 30-23, 30-28, to wrap up action in the Clash at 3-0. The Pirates open up Peach Belt Conference action on Fri., Sept. 23, as AASU hosts Francis Marion at 7:00 p.m.

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Tampa Dominates Play At AASU Volleyball Clash

Chad Jackson

Special to The Inkwell

No. 7-ranked Tampa picked up two wins in the first day of action at the 2005 AASU Volleyball Clash, knocking off USC Aiken, 3-1, and host Armstrong Atlantic, 3-0, to improve to 10-2 on the season. West Georgia and Francis Marion each picked up wins in the day's four matches. Tampa received a scare from the Pacers (5-7) in its first match of the day as USC Aiken fought back from a 2-0 deficit (30-18, 30-17) to take game three and push the Spartans to 30-27 in game four. Four Spartan players reached double figures in kills, led by Kayla Mora and Katelen Dixon

with 13 each, while USC Aiken's Katie Baker recorded a match-high 14 kills. Against the host Pirates, the Spartans again got pushed to the limit – after winning the first two games, 30-21 and 30-25, Tampa erased a 26-22 deficit in game three with eight straight points to take the match with a 30-26 tally. Stephanie Rivera tallied 13 kills and Tarah Marinelli added 12 for the Spartans, while AASU (8-7) was led by Rindy Vidovich's 14 kills. Francis Marion opened the day's action with a 30-21, 30-20, 30-28 win over West Georgia behind nine kills each from Kelly Feber, Michelle Settergren and Lezlie Logan. West Georgia (9-2) also picked up a 3-0 win, downing USC Aiken, 31-29, 30-27, 35-33.

Davis Leads AASU Women in Inaugural Tournament Action

Chad Jackson

Special to The Inkwell

Davis Leads AASU Women in Inaugural Tournament Action The inaugural Armstrong Atlantic women's golf team made a bit of history in its first tournament on Saturday as senior Danielle Davis captured medalist honors, leading the Lady Pirates at the Mid-Carolina Golf Invitational, hosted by Newberry College. Davis fired rounds of 75 and 81 to capture the title by six strokes over Newber-

ry's Stephanie Hemann. The Lady Pirates, as a team, finished third behind Newberry (668) and Limestone (688). Mars Hill rounded out the team scoring by finishing fourth (792). Gretchen McLeod finished sixth individually after firing rounds of 82 and 85, while Kristen Graham finished tied for 12th after shooting rounds of 87 and 98. Courtney Sanders (104-97) tied for 17th while Kelli Riseden (109-102) finished 20th. AASU is next in action on Oct. 6-7 at the Lenoir-Rhyne/Myrtle Beach Invitational.

Knuth Earns PBC Volleyball Player of the Week Honors

Chad Jackson
Special to the Inkwell

Knuth Earns PBC Volleyball Player of the Week Honors Armstrong Atlantic State junior middle hitter Traci Knuth has been named the Peach Belt Conference's volleyball Player of the Week, announced by the league this afternoon. Knuth earns the award for the first time this season and the fourth time in her career. Knuth averaged 3.12 kills, 2.25 digs and 1.75 blocks per game in four contests for the Pirates this week as AASU hosted the 2005 Chatham Orthopedics Volleyball Classic. Knuth had a double-double against Catawba on Friday with 14 kills and 12 digs, then picked up her 800th career kill in Saturday's first contest against Lenoir-Rhyne - only the ninth player in school history to

reach that plateau. Against Puerto Rico-Rio Pedras on Saturday night, Knuth recorded just the second triple-double in the Alan Segal era at AASU with 19 kills, 14 digs and a career high-tying 12 blocks. A 5-11 junior from Columbus, Neb., Knuth leads the Pirates and the Peach Belt Conference in blocking this season with 72 total blocks (1.47 per game). She also leads the team and ranks fourth in the PBC in hitting with a .272 percentage and also ranks among the league's top 10 in kills per game (3.02) and service aces (0.41 per game). The Pirates are 8-5 overall and return to action on Tues. as they travel to Valdosta State for a 6:00 p.m. match against the Blazers.

Pirates Advance At GC&SU Fall Championships

Chad Jackson
Special to The Inkwell

Several Armstrong Atlantic men's tennis players advanced in both singles and doubles play after the first day of the GC&SU Fall Championships on Friday in Milledgeville. The "A" singles bracket saw three AASU players advance to the quarterfinals. No. 4-seed Davor Zink defeated Nicolas Lombardo, 6-4, 6-2, after receiving a first-round bye. Savannah's Taavo Roos won two matches, knocking off GC&SU's Brandon Lee, 6-3, 6-2, and USC Aiken's Pierre Negri, 6-1, 6-2, to make it to the quarterfinals, while David Secker also won two matches,

defeating Fernando Guevara (USCA) 6-3, 7-6, and Christop Voelkel (Wingate) 6-2, 6-1. All three continue "A" singles play on Saturday. In doubles play, Robert Jendelund and Roos blanked Augusta State's Lindy Blount and Harry Hahn, 8-0, in their "A" Doubles match. Cristian Easton and Zink also advanced with a 9-8 victory over Brandon Lee and Renato Oliviera of GC&SU.

Rollins Hands AASU 3-0 Loss On Sunday

Chad Jackson
Special to The Inkwell

The Armstrong Atlantic soccer squad was limited to three shots on goal as host Rollins College defeated the Pirates, 3-0, on Sun. afternoon in Winter Park, Fla. The Tars (4-1) got on the scoreboard first in the ninth minute on a penalty kick, converted by Laura Guild, to take a 1-0 lead. A stout defensive effort held the game at that score until the 62nd minute, when Alexis Sutton scored off of a rebound from AASU goalkeeper Lisa Gray to make the score 2-0. Sutton added an insurance goal in the

75th minute for the final margin. The Pirates (2-4) managed just three shots against the Tars defense, two by freshman Shana Neves, compared to 13 shots by Rollins. Gray tallied 6 saves for the Pirates. AASU will be next in action on Sat., Sept. 17, as the Pirates host Lander at 4:00 p.m. in the Peach Belt Conference opener.

Pirates Finish Tied For Third At Kiawah Island Invitational

Chad Jackson
Special to the Inkwell

In blustery conditions at the Cougar Point Golf Course on Kiawah Island, the Armstrong Atlantic State men's golf team fired a second-round 308 and finished tied for third at the Kiawah Island Invitational, moving up one spot from Monday.

AASU finished with a two-day 608 score, 17 strokes behind host and defending champion USC Aiken (591). Coker finished in second place at 594, three strokes behind the Pacers, and the Pirates finished tied for third with fellow Peach Belt school USC Upstate

(608). Senior All-America Tripp Coggins followed up his first-round 72 with a second-round 76 and finished the tournament tied for ninth place with a four-over-par 148 total. Wills Smith also shot a 76 on Tuesday and finished tied for 17th place with a seven-over-par 151 total. Chris Wolfe fired a second-round 78 and finished tied for 20th place with a nine-over-par 153 total, while Matt Morris rebounded from his first-round 87 to shoot 78 and finish in 70th place. Andrew Workman rounded out the AASU scoring with a second-round 83 and finished in 54th place with a 161 total.

AASU 2005 Volleyball Schedule

Sept. 17-18 2005 AASU Volleyball Clash

Sept. 17 vs. West Virginia Wesleyan - 11:00 a.m.
vs. Tampa - 7:00 p.m.

Sept. 18 vs. West Georgia - 2:00 p.m.

Sept. 23 vs. Francis Marion - 7:00 p.m.

Sept. 24 vs. UNC Pembroke - 4:00 p.m.

Sept. 30 vs. USC Aiken - 7:00 p.m.

Oct. 1 vs. Augusta State - 4:00 p.m.

Oct. 7 at Lander - 7:00 p.m.

Oct. 8 at USC Upstate - 3:00 p.m.

Oct. 14 at Barry - 7:00 p.m.

Oct. 15 at Florida Tech (@ Brevard CC) - 7:00 p.m.

Oct. 17 at Tampa - 7:00 p.m.

Oct. 21 at Francis Marion - 7:00 p.m.

Oct. 22 at UNC Pembroke - 3:00 p.m.

Oct. 25 at Florida Southern - 7:00 p.m.

Oct. 28 at Augusta State - 7:00 p.m.

Oct. 29 at USC Aiken - 2:00 p.m.

Nov. 4 vs. USC Upstate - 6:00 p.m.

Nov. 5 vs. Lander - 4:00 p.m.

Nov. 11-12 2005 Peach Belt Conference Championships (Augusta, Ga.)

Nov. 17-19 at NCAA Division II South Regional (Site TBA)

Dec. 1-3 at NCAA DII Elite Eight (Site TBA)

At the Movies

New Release "Valiant"



During World War II, 38 Dickens Medals were awarded to pigeons.

More awards were awarded to homing pigeons than any other animal that helped in

the war effort. This British animated film follows Valiant, a small pigeon that has big dreams. Valiant wants to be a member of the Royal Homing Pigeon Service. He successfully joins the RHPS, but is often told he is too small. This is where we hear his motto, "It's not the size of your wingspan, it's the size of your spirit."

Ewan McGregor lends his voice as the main character. Tim Curry, Ricky Gervais and Olivia Williams also supply voices for the film. Directed by Gary Chapman, the movie is filled with light-hearted humor worthy of its G rating. Some

careful references to other movies create jokes that are funny to both children and adults. Although there is moderate violence, this movie is great for all family members. "Valiant" is approximately 90 minutes long.

Oldie but Goodie "The Bodyguard"

When a stalker threatens the life of singer/actress Rachel Marin, former secret service agent Frank Farmer is assigned to protect her.

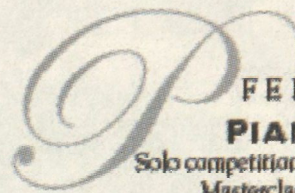
"The Bodyguard" was originally released in 1992 and stars Whitney Houston and Kevin Costner. When released, the romance was received with critical acclaim. The movie took place in 1992, however thirteen years have not aged the film. When watching Costner and Houston, the chemistry and their collective talent is still undeniable. This movie is perfect for anyone looking for a solid romance.

Directed by Mick Jackson, "The Bodyguard" also stars Gary Kemp, Bill Cobbs and Ralph White. Rated R for content and language, the film runs approximately 130 minutes.

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Requiem for a Sleepless Night

Karen Harrell
Copy Editor

Supposedly, the gruesome bits of life are supposed to keep us up at night, although not through enjoyment.

I picked up Hubert Selby Jr.'s "Requiem for a Dream" before I saw Darren Aronofsky's 2000 film adaptation. What intrigued me was the title alone. I've always been a big fan of the word "requiem." It sounds so peaceful, yet final.

Selby's novel detailing the futility of the American Dream is anything but peaceful. However, I found myself unable to put the book down due to car crash-rubbernecking syndrome. None of the characters in the novel live without struggle, but Selby attributes the downfall of each character to not only the tumultuous relationship people have with American society, but also to the choices each person makes.

The novel is written in stream-of-consciousness, and Selby creates his own style of punctuation. In one sense, the writing style is alienating for readers, but once I picked up the rhythm (which didn't take long), I found myself recognizing my alienation to

the book as parallel to the disjointed lives and thoughts of the characters.

Selby's characters are a melting pot indicative of Coney Island. Each character, whether minor or major, intricately interacts with each other and the setting. The setting of a vacation site could produce an aura of shallow frivolity, but instead, the fact it overlooks the bustle of New York City combined with the desolate seaside juxtaposed with the faded colors of the theme park makes the setting a character in itself. The bustle and desolation mimic the characters' attempt to keep moving and keep making something pretty out of something that is dying rapidly.

There is little obvious hope in this book. Every character succumbs to the death of their dreams. However, the book isn't a diatribe on depression; it is a comment on the innocence of Americans and the rituals our society subtly imposes on us to keep us striving for that intangible, impossible dream.

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Submission.

History Comes to Life

Antonio Burks
Staff Writer

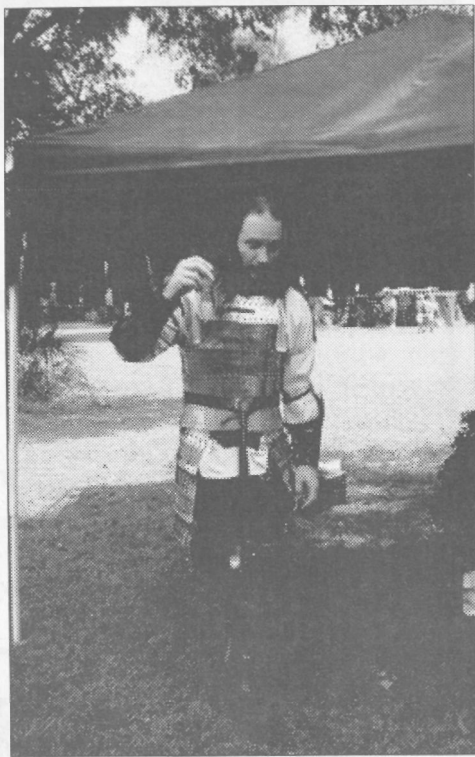
"To recreate history the way it should have been", that is the motto of the Society of Creative Anachronisms.

Not to simply dress up in armor and reenact a battle, but to experience history without all of the prejudices is what Fourth Castle of Savannah, Georgia is all about: having fun with history.

The Fourth Castle is a chapter of the Society of Creative Anachronisms (SCA) and is led by Darren Newton (better known to his fellow SCA'ers as Lord Chinua). After speaking with Lord Chinua, I found he not only possessed a passion for history, but he also has a passion to share what he has learned. He explained to me how the SCA was different from other organizations; while in most clubs or renaissance fairs a person may go and watch something, in this case, you actually can actively participate.

Lord Chinua took a few moments from promoting the up and coming Medieval Festival that Oatland Island is hosting Sat. Sept. 24, to talk to me. I was amazed of how many things the SCA provided for its members and the community. I went to Oatland Island with a few friends to just hang out and talk to him, then found myself soon dressed up in padded armor. The SCA is like that, they are very sharing with their equipment; if you show an interest in the medieval time period, they will be more than glad to help immerse you in it.

I watched as Lord Chinua practiced fighting styles in armor;



dancing, costume design and even brewing. The cost of all of this is free. Not a bad price to get to hang out with people that have a love for the dramatic and learn something new. There are several members of the SCA already here among you. Sitting right next to you may be a barbarian warrior that is a simple English major during day. Fear not, they do not bite. Instead, they will reveal you with stories of their events.

Fourth Castle also helps local charities; one example is the Oatland Island's Medieval Festival. All proceeds from the festival will go to help build an animal hospital. But it does not stop there, since there are so many students that would like to attend

something like this yet do not have transportation, they are willing to provide free rides out to Oatland Island. Every Saturday they make a pick up in front of the AASU Coffee Shop to head out to Oatland Island for the day. Wait, you ask, how much will all of it set me back? Nothing. Fourth Castle is a non-profit club and does things together because they have fun, not so they can collect dues. If you would like to make a medieval style

costume, you may have to purchase the material, but the instruction on how to make it is given freely.

For more information on the Medieval Festival contact:
Heather Merbs
Oatland Island Education Center
711 Sandtown Rd.
Savannah, GA 31410
912-898-3980
912-313-1636

For More Information on Fourth Castle and the SCA and free rides



he would stop the practice to explain blows and then spar a few rounds. As Lord Chinua explained, this is a true martial art they are practicing and there are set rules and guidelines. The SCA uses padded, leather and metal armor; most of the armor is handmade by members. The weapons are fashioned from rattan wood so it is both flexible and will not cause any serious injury when wielded against an opponent. However, the SCA is not just about fighting; it is about recreating the magic of the past.

Fourth Castle offers free classes in calligraphy, belly

Argyle isn't Just a Name for Socks

Kara Dailey
Staff Writer

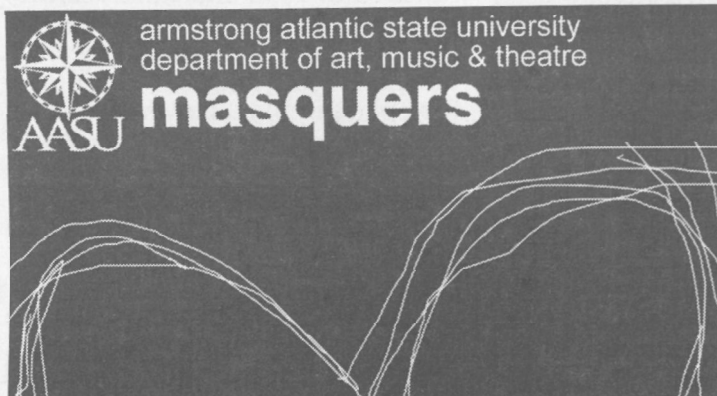
Steven Riddle, Jeremy Riddle, Rob Stevens, & Jason Sutton make up one of Savannah's most popular local bands: Argyle.

They began playing together back in 2002 and even performed at AASU in October 2004. Fans can usually find them packing the house somewhere between Broughton St. and River St.. With each member coming from a different musical background and having his own

unique style, Argyle plays an eclectic mix of rock, reggae, punk and ska. When asked what the band was all about, the guys answered, "Positivity, integrity, lunacy and excess."

Argyle just recently finished producing their first independent album, "Puzzled," at Elevated Basement. Loco's Deli and Pub is going to be hosting their CD release party Fri., Sept. 23 at 10:00 p.m. It's 18 to party and 21 to drink. If you can't make it down, be sure to check out www.argylemusic.com.

AASU MASQUERS PRESENT SAM SHEPARD'S "Fool for Love"



Mario Incorvaia
Special to the Inkwell

Sept. 15- 17 at 7:30 p.m., the Armstrong Atlantic State University Masquers presented "Fool For Love," Sam Shepard's emotional romantic drama.

A dream-like exploration of character and spirit, Shepard's "Fool For Love" tackles an unlikely but realistic scenario through his signature literary style that won him multiple Obie Awards and an Academy Award nomination for his screenplay "The Right Stuff."

In true Shepard fashion, the playwright examines the episodic challenges of an intimate relationship. Essentially, "Fool For Love" unfolds the tumultuous drama of two long-time lovers

whose struggle with their tempestuous life together competes with the forbidding knowledge that perhaps they should not be together at all.

The script of Shepard's play instructs that the action is to be performed "relentlessly without a break." The Masquers production gladly obeyed Shepard's instructions by presenting his drama without intermission for a run time of just over an hour.

A A S U theatre alumna Judith Diana Fekete returned

to campus to direct the Masquers' first Black Box production of the season. Fekete starred in "Les Liaisons Dangereuses" this past spring, completing her capstone experience to complete her undergraduate degree. Fekete's cast included Brandon Morris who played the lead role in the Masquers' Sept. 2004 world premiere production of "Some Place In Paris," Brandon Lee, who starred in the Masquers production of "God's Favorite" in Feb. 2005 and Jamie Busbin, who was a cast member with Fekete in "Les Liaisons Dangereuses" in Apr. 2005.

Call 927.5381 from 11 a.m.-3 p.m. weekdays for more information.

The Youth and Beauty Brigade: On Romance

Kevin Daiss
Columnist

Somewhere, rifling through the Russian countryside is a bullet train shrouded in black—because black is obviously more mysterious than a train shrouded in, say, marshmallows and rainbows.

Sitting in a compartment on this train of mysterious mystery is a man with gold bullions dangling from his neck and diamond rings on all of his fingers. This man is more myth than reality: a dream lover existing not only in the Mariah Carey song of the same name, but more so in the minds of girls (specifically, any and every girl I have ever loved and every girl that at least pretended to love me back) as the archetype of all that a real man should be. As the smoke from his very expensive and impressive cigar wafts away from his mysteriously smoked-covered face and as every girl I ever loved stops clinging desperately to his arms, we can catch a glimpse of who this man is, and it is none other than the deified legend of man we call John Cusack.

Now, I've had enough loves of my life—some real, most imaginary—to know that every single woman on the face of the planet is secretly in love with John Cusack (or not even him, but the characters he plays. And not even just his characters, but the slightly goofy, quirky male leads in all romantic comedies produced after 1979). At this point it would seem wholly rational to simply give up all hope and admit that I can not possibly measure up to the flat, two-dimensional, rehearsed emotional output of John Cusack, but I will not falter! I have a defense against this emotional gerrymandering. Because it would be completely ludicrous to suggest that I somehow "make myself a better human being" in order to experience "true love" with someone that "means something to me," I have instead decided to embrace the adage of "if you can't beat 'em, join

'em."

As long as every romantic relationship I endure is based directly from scenes—this includes all conversations, actions, foul-ups, attempted murders, subsequent arrests and tearful prison cell confessions of love—from the most popular romantic comedies I will, in essence, have a scripted life of which I will be in complete control; as long as it coincides with the script, which has already been written by a group of socially inept, aging Caucasian males with the sense of subtlety of a rhinoceros and the attention span of a gnat on crack (which explains why every romantic comedy is basically the same movie with different actors and varying levels of partial nudity). I'm actually totally fine with the idea of a scripted life. It actually would make living a lot easier. Instead of having to intrinsically know when to "open the door" or "say 'I love you'" or "not fart in public" I will know these cues as they appear in the movies I watch. Why, just the other night I was on a date in which the woman I was with decided to fake an orgasm in a crowded downtown delicatessen. Who knows how I would have reacted had I not been privy to the knowledge of how to properly react by acting like Billy Crystal in "When Harry Met Sally." (As a general rule though, now, I don't date crazy women or Meg Ryan anymore.) This lifestyle even saves me precious time because now, when getting ready for a date, I don't waste time with trivial things such as "showering" or "brushing my teeth." Instead, I just listen to the "Garden State" soundtrack on repeat and watch "Say Anything" until my eyes feel like they're going to bleed.

All of this scripted living can have its pitfalls, however. For instance, say I meet someone who is totally original. This situation is obviously hypothetical because we all know it can never happen and hasn't happened since at least the first year Elvis Presley topped the charts. I

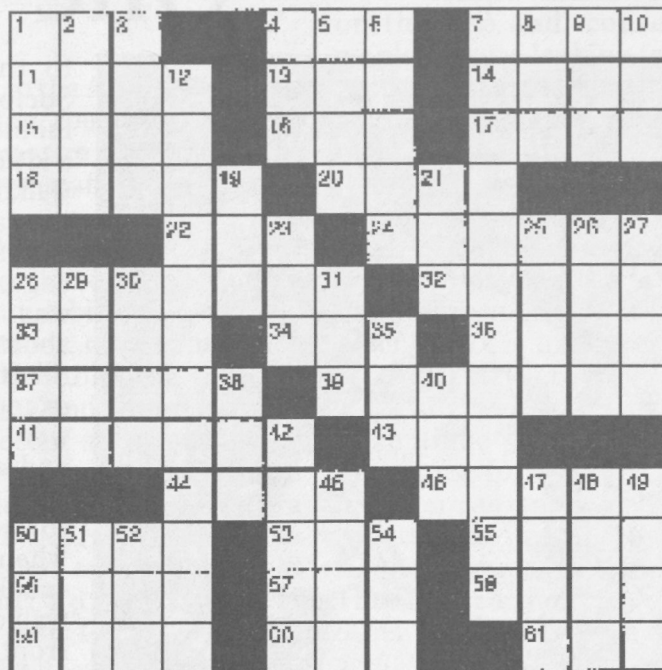
was born in a decade where gaucho pants were all the rage—so obviously all logical forms of reason have long since been abandoned. But, say I meet this totally original girl. What do I do? Well, the answer is quite simple. I get away from her as fast as I possibly can because who knows what kind of trouble can start when someone begins to "think for themselves" or, God forbid, for this is even worse, when they might also "challenge the status quo?" I don't want to be involved with anyone like that. That kind of person might be prone to doing things for the good of someone other than him or herself. Can you imagine such a thing? I didn't think so.

So, instead of asking someone special if I can be her boyfriend, I'm begging anyone now, "Can I be your John Cusack?"

King Crossword

ACROSS

- 1 "Rumble in the Jungle" contender
- 4 Hatchback, e.g.
- 7 Leave at the altar
- 11 Pt. of speech
- 13 "So that's it, eh?"
- 14 Hexagonal state
- 15 Comment to Brutus
- 16 Go up and down
- 17 Capital of Togo
- 18 Piffered
- 20 Boo-Boo's mentor
- 22 Under the weather
- 24 Froot Loops spokesbird
- 28 1-Across' opponent
- 32 Kansas river
- 33 Notion
- 34 Method
- 36 Staff
- 37 Marie's brother
- 39 Processions
- 41 Worn down
- 43 Chart format
- 44 Incursion
- 46 Song of praise
- 50 Sherlock trademark
- 53 Leprechauns'



- | | | |
|------------------|-------------------|------------------------|
| dance | 7 Speaker of | 28 Bona follower |
| 55 Neighborhood | 15-Across | 29 Smell |
| 56 Acknowledge | 8 Judge Lance | 30 Nevada city |
| 57 Eggs | 9 Felon's flight | 31 Siesta |
| 58 Michelle | 10 Article in | 35 Shriek bark |
| Kwan's arena | Newsweek? | 36 Verily |
| 59 Coloring | 12 | 40 Rend |
| agents | "Victor/Victoria | 42 Mustard variety |
| 60 Bottom line | "star | 45 Jackknifed, for one |
| 61 Citric cooler | 19 Shade | 47 Mat melody |
| | prov. cer | 48 Give temporarily |
| | 21 Moo-gai pan | 49 Put together |
| | 23 "The Practice" | 50 Cushion |
| | practice | 51 Trellis twiner |
| | 25 Ask for ID | 52 "The Raven" poet |
| | 26 "Let Us Now | 54 Roscoe |
| | Praise | |
| | Famous Men" | |
| | writer | |
| | 27 Information | |

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thought of the week...

The aim of art is to represent not the outward appearance of things, but their inward significance.
~Aristotle

One Tough Kitty



When I was six years old, I met my best friend.

He was not at school, church or in an after school program. He was a small kitten that was in need of a home. During May 1990, I went

to the Humane Society with my mom to pick out a kitten. As I was walking past all of the cages, I spotted one particular cage. The cage was filled with about five kittens. All of the kittens, except for one, were jumping up and down in the cage. I was about to walk away, when suddenly a small tabby kitten walked up to the front of the cage and said, "Meow." I turned to my mom and said, "I want him." I took him home and

named him Lightening because he would run around the house like lightening.

From that day forward and for 15 wonderful years, Lightening and I were inseparable. I would dress

him up in baby clothes, we would play hide-and-go-seek and I taught him how to drink out of the sink. He was always there for me when I had a bad day and protected me from the imaginary monsters that were under my bed.

As I grew up, I was involved more in school and with boys. Whenever I brought a new guy home, Lightening would have to inspect him. If he liked a boy, he would jump on the boy's lap or lay on his shoes. If he did not like a boy, he would sniff them and walk away.

In July 2005, I got the news that Lightening had cancer and only had 3 months to live. I tried everything in my power to make him feel as comfortable as possible. By September 2005, Lightening was living off of fluids and was not eating as much. I made the decision to put him to sleep on September 12, 2005.

When I woke up that morning, I had a bad feeling something was wrong. I had the feeling that he passed on his own. My mom went into the living room and found him at peace in his bed. He had died in his sleep. I was so thankful that he went on his own and in the house surrounded by the people who loved him.

Lightening was not just a cat to me; he was a human being that had extraordinary feelings. He will be missed terribly, but he will always be loved.

I would like to dedicate this edition of "The Inkwell" in loving memory of Lightening and to everyone that has lost a beloved pet.

Tara Gergacs
Editor-in-Chief

Lightening Gergacs
May 1990-September 12, 2005

The Inkwell

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- The opinions expressed by the students of AASU may not be the opinions of the staff of The Inkwell or the administration of AASU.
- The Inkwell welcomes letters and comments from readers provided that they are clearly written or typed. All submissions must be signed with a telephone number and SSN included for verification purposes. Names will be withheld upon request.
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studying abroad

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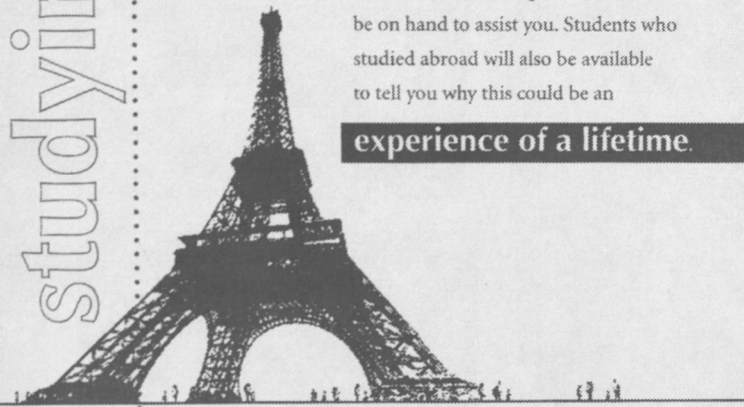
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Now accepting applications The Roundhouse Railroad Museum is accepting applications for masonry, carpentry and metal working crews. Interest in historic structures and 12+ hours per week commitment a must. Ability to lift 30 lbs. and general knowledge of a construction site required. Woodworking, construction, bricklaying and welding skills a plus. Will train on site. Flexible schedule. Remit resumes by mail or in person to:

The Roundhouse Railroad Museum
c/o Nelsie Stern
601 West Harris St.
Savannah, GA 31401

Fire the Fat People

Megan Leggett
Columnist

According to the American Obesity Association, roughly 65 percent of Americans are overweight; of those, approximately five percent are obese.

Individuals suffering from obesity are especially prone to frequent and debilitating chronic illnesses, which hurt companies financially due to obese workers' medical costs and lower productivity. A recent study suggested that an obese employee's medical expenses can tally up to an extra \$2500 each year. A large firm with over 1000 employees could end up paying \$300,000 annually on medical costs for its obese employees alone.

Before I move on, I want to establish my position on obesity: it is a disease, not a lifestyle. "Stedman's Medical Dictionary" defines disease as, "A morbid entity characterized usually by at least two of these criteria: recognized etiologic agent(s), identifiable group of signs and symptoms, or consistent anatomical alterations." Obesity certainly meets all three of those criteria.

Health insurance costs are on the rise and, consequently, employers are looking for ways to reduce the cost of providing insurance to their workers by placing an increased emphasis on work site wellness programs that encourage group involvement in pursuits such as dieting and exercising.

The problem with work site wellness programs is cost efficiency. It is undoubtedly more cost-effective to implement a work site wellness program than to continue providing overpriced insurance for obese employees, but there is an even better way to attack this problem: terminate the employment of obese workers. That sounds horrible, but unlike other cost-reduction methods, it actually works—it attacks the root of the problem.

Corporations should stop coddling obese Americans and start letting them fend for themselves. Unfortunately, my proposed method is not an option. It violates the equal protection clause in the fourteenth amendment to the United States constitution and the Americans with Disabilities Act. However, my argument still stands: we should just fire the fat people.

Entertainment for the Impoverished

Erin Christian
Columnist

Lounging under the canopy of majestic oak trees as cool jazz undulated on a warm breeze, bobbing and weaving through the teeming crowd, I sipped the edge of my potentially sweet strawberry snow-cone and melted into the bohemian atmosphere that was the Savannah Jazz Festival 2004.

Children ran and danced with that lack of inhibition through innocence known only to children, while adults danced and weaved to the beat of the music with an abandon known only to the young and free at heart or to those with minds lubricated a bit with spirits.

Beginning this Thurs., Sept. 22, Forsyth Park will once again be vibrant and alive with the sounds of jazz and celebration as the 2005 Coastal Jazz Festival wraps up its week of festivities. Blues Night commences Thurs. at 7:00 p.m. with Eric Culberson, and EROK and will begin the night's last performance at 9:00 p.m. with James "Blood" Ulmer. Starting at 10:00 p.m., there will be an After Festi-

val Jam Session at J.J. Cagney's, located at 305 W. River Street.

On Fri., Sept. 23, the official festival continues from 7 p.m. until 10 p.m., then the After Festival Jam Session will begin on the veranda of Suzabelle's Restaurant at 102 E. Broad Street, which will feature the U.S. Air Force Reserves Band, as well as the Savannah Arts Academy Skylite Band.

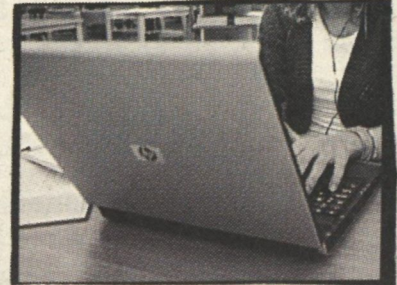
Saturday, the festival runs from 2 p.m. until the Suzabelle's Restaurant After Festival Jam Session at 10 p.m. with the Savannah/Coastal Jazz Association Hall of Fame Induction and Performance beginning at 9 p.m. Alas, the festival will end on Sun., Sept. 25 with the St. Joseph/Candler Children's Jazz Festival beginning at 2 p.m. The entire weekend is free and open to the public; there will be food, although picnics can and will be brought. The atmosphere cannot be beaten.

For more information visit www.coastaljazz.com/festival.php, call Ike Carter at (912) 356-2399, or email cartert@savstate.com.

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Time: 10-2 / September 24th

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